## CAMP CHILD PACKING LIST

Here are few tips to help your child be successful.

- 1. It's best if children and parents pack together. When children are engaged in the process, they will remember what they brought with them.
- 2. Tuck a packing list (below) inside your child's suitcase or bag.
- 3. Pack durable clothing and shoes that are broken in. Kids spend most of their time outdoors and everything gets dirty.
- 4. Most important LABEL EVERYTHING!

## What to bring

- sleeping bag
- pillow with pillow case
- bath towel
- beach towel
- bathing suit
- 4-5 pairs of shorts
- 4-5 t-shirts (every camper receives a camp shirt to take home)
- 2-3 pairs of ieans
- 1 pair sweatpants
- 6 pairs underwear
- 6 pairs socks
- lightweight jacket
- sweatshirt
- pajamas
- hat or cap
- closed toe shoes
- water shoes or old pair of sneakers that can get wet
- toiletries: shampoo, soap, toothbrush, toothpaste, hairbrush
- sunblock (SPF 15 or higher)
- bug spray
- water bottle
- flashlight or headlamp with batteries

## **Optional Items**

- camera (inexpensive or disposable)
- book to read (no digital book readers)
- shower shoes (flip flops are OK for the shower only)
- a fitted twin sheet

## What not to bring

Valuables, jewelry, electronic games, ipods, radios and/or cell phones. Camp Child does not permit campers to carry any dangerous weapons of any kind, including knives and/or guns. The Camp also does not permit the following items; chewing gum, matches, tobacco products, illegal drugs, alcohol, radios of any kind, tape players/recorders, and fireworks. Any camper caught/seen with any of these items can and may be removed from camp at the family's expense.